

Discussion Group Guidelines



Hello, my name is _____. We respect the confidentiality and anonymity of each person here. Remember that whatever you hear at this meeting is shared with the trust and confidence that it will remain here. Who you see here, what is said here, when you leave here, let it stay here.

1. We ask you to share for a few minutes each, or PASS, so everyone has an opportunity to share.
2. Please do not speak out of turn or interrupt another.
3. Save questions until after the meeting.
4. Please do not be offended if I interrupt due to time constraints.
5. We can only share what we have done to change our own behavior.
6. We are not here to advise or solve other people's problems. We must not comment on what someone else has shared or what we think they should do.