

# Helpful Confessions

**1Corinthians 3:16, 17** - I refuse to take drugs, drink alcohol, smoke, gamble or look at pornography. My body is the temple of the Holy Spirit, and it is dedicated to God. I will not allow anything (drugs, alcohol, nicotine, gambling, pornography, etc.) to defile this temple which is holy unto Him.

**1Corinthians 6:19, 20** - I glorify God in my spirit and in my body. I refuse to allow anything (drugs, alcohol, nicotine, pornography, gambling, etc.) in me that would not please Him.

**Romans 12:1** - I refuse to allow drugs, alcohol, nicotine, gambling, or pornography any place in my life. I give my body to God as a living sacrifice, holy unto Him.

**Romans 14:2** - I do not take drugs, drink alcohol, smoke, gamble, look at pornography or do anything else that could cause someone to be made weak, become offended, or stumble in their walk with the Lord.

**Philippians 4:13** - I can do all things through Christ. In Jesus' name, I break this habit of \_\_\_\_\_ because He is my strength.

**Colossians 1:13** - God has delivered me from all the powers of darkness including drugs, alcohol, nicotine, gambling, and pornography and has placed me in the kingdom of His Son, Jesus.

**2Corinthians 6:17, 18** - I have come out from, separated myself and do not touch unclean things (drugs, alcohol, nicotine, gambling, pornography, etc.) for I am God's child.

Curse of addiction, I speak to you now, in the name of Jesus. I break your power with the blood of Jesus and the power of His name. You have no place in my life. I forbid you from attacking me or anyone else in my family in Jesus' name.

**Ephesians 5:11; 1Thessalonians 5:21, 22** - I have no fellowship with the unfruitful works of darkness including drugs, alcohol, nicotine, gambling, and pornography. I keep myself from everything that appears to be evil and I hold fast to the good things of the Lord.

**1Corinthians 6:10** - I refuse alcohol of any kind because it is written: "no drunkards shall inherit the kingdom of God."

**Habakkuk 2:15** - I refuse to serve alcohol to my friends or neighbors because this is not pleasing to God, and He will hold me accountable.

**Proverbs 20:1** - I am not deceived because I receive the wisdom of God which says that wine is a mocker, and strong drink makes one rage.

**2Corinthians 5:17** - All the old things (drugs, alcohol, nicotine, gambling, and pornography) that I used to do have passed away because I am a new creation in Christ. All things about me are new in Him.

**James 4:7** - I submit myself totally and completely to God. I resist you, satan; and I refuse drugs, alcohol, nicotine, gambling, and pornography.

**John 8:36** - Jesus has set me free from drugs, alcohol, nicotine, gambling, and pornography; and I remain free in Him.

**Isaiah 28:7** - Wine and strong drink cause men to make mistakes, see wrongly, and stumble in good judgment. I will not drink anything with alcohol in it.

**1John 2:15** - I do not love the things of the world (drugs, alcohol, nicotine, gambling, and pornography) because I have the love of the Father in me, and I want to please Him.